


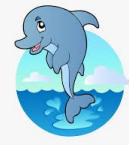



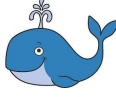






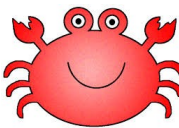







Sun	Mon	Tue	Wed	Thu	Fri	Sat
<p>30 Online Worship Services</p> <p>Week 2 Menu</p> 	<p>31</p> <p>9:00 Get Fit Exercise 1 9:30 Get Fit Exercise 2 1:30 Afternoon Movie & Popcorn 2:00 Water Fitness 3:30 Brain Fitness</p>		<p>Activity Location Key:</p> <p>AR-Activity Room MR-Music Room CP-Dickson Worship Ctr CR-Card Room LB-Library</p>	<p>Activity Location Key:</p> <p>BR-Billiards Room AU-Auditorium</p> 	<p>The Gardens of Taylor Glen 3700 Taylor Glen Lane Concord, NC 28027</p> 	<p>1</p> <p>10:00 Breakfast Club/ Café</p> 
<p>2</p> <p>Online Worship Services</p> <p>Week 3 Menu</p> 	<p>3 National Watermelon Day</p> <p>9:00 Get Fit Exercise 1 9:30 Get Fit Exercise 2 10:00 Chair Yoga  1:00 Watermelon Social / Patio 1:30 Watermelon Social/ Patio 2:00 Water Fitness 3:30 HOE, Hooked on Electronics 6:30 Violin Music on Courtyard w/ Cannon Student Henry Lark</p>	<p>4 9:00 Get Fit Exercise 1 9:30 Get Fit Exercise 2  10:00 Bible Study 11:00 Outing: Grocery Shopping/ Food Lion 11:00 Bible Study 11:00 Balance Class 1:30 Bible Study 2:00 Water Walking 3:00 Video: Chatrles A. Cannon</p>	<p>5 9:00 Get Fit Exercise 1 9:30 Get Fit Exercise 2 10:00 Basket Weaving 11:30 Outing to Dover Farms 2:00 Water Aerobics 2:30 Billiard Battles 3:30 Spring into the- Distance Walking Club</p>	<p>6 9:00 Get Fit Exercise 1 9:30 Get Fit Exercise 2 11:00 Outing: Whitewater Center- Walk around & Lunch by the Water 2:00 Water Walking 3:30 Trivia Challenge 6:00 Hooks & Needles</p>	<p>7 Birthday Bus  9:00 Get Fit Exercise 1 9:30 Get Fit Exercise 2 10:15 Coffee & Tea 10:30 Water Balloon Toss & Games 2:00 Water Fitness 3:00 Cheese & "Spirits" (BYOB) Social</p>	<p>8</p> <p>10:00 Breakfast Club/ Café</p> 
<p>9</p> <p>Online Worship Services</p>  <p>Week 4 Menu</p>	<p>10 9:00 Get Fit Exercise 1 9:30 Get Fit Exercise 2 1:30 Afternoon Movie & Popcorn 2:00 Water Fitness 3:00 Rock Painting for Rock Garden 6:30 Violin Music on Courtyard w/ Cannon Student Henry Lark</p>	<p>11</p> <p>9:00 Get Fit Exercise 1 9:30 Get Fit Exercise 2 10:00 Bible Study 11:00 Brain Fitness 12:30 Blood Pressure Clinic w/ Therapy 1:30 Bible Study 2:00 Water Walking 3:30 Social Lites</p>	<p>12 9:00 Get Fit Exercise 1 9:30 Get Fit Exercise 2 10:00 Grocery Pickup 10:00 Basket Weaving 11:00 Grocery Shopping/ Walmart  2:00 Water Fitness 2:30 Billiard Battles 6:00 Art Class</p>	<p>13</p> <p>9:00 Men's Coffee 9:00 Get Fit Exercise 1 9:30 Get Fit Exercise 2  11:00 Balance Class 2:00 Water Walking 3:00 Trivia Challenge 6:00 Hooks & Needles/MR</p>	<p>14 9:00 Absentee Voting/ Courtyard 9:00 Get Fit Exercise 1 9:30 Get Fit Exercise 2 10:15 Coffee & Tea 1:00 Ice cream Party 1:30 Ice-cream Party 2:00 Water Fitness 3:00 Cheese & "Spirits" (BYOB) Social</p>	<p>15</p> <p>10:00 Breakfast Club/ Café</p> 
<p>16</p> <p>Online Worship Services</p>  <p>Week 5 Menu</p>	<p>17</p> <p>9:00 Get Fit Exercise 1 9:30 Get Fit Exercise 2 11:00 Nerf Poker/ AU 2:00 Water Fitness 3:30 HOE, Hooked on Electronics</p> 	<p>18 9:00 Get Fit Exercise 1  9:30 Get Fit Exercise 2 10:00 Bible Study 11:00 Grocery Shopping/ Harris Teeter 11:00 Bible Study 1:30 Bible Study 2:00 Water Walking 3:00 Video: Chatrles A. Cannon "A Mind for Business, A Heart for People"</p>	<p>19 9:00 Wellness Breakfast 9:00 Get Fit Exercise 1 9:30 Get Fit Exercise 2 10:00 Basket Weaving 11:00 Outing to Barbee Farms 2:00 Water Fitness 2:30 Billiard Battles 3:30 Scavenger Walking Hunt</p>	<p>20</p> <p>9:00 Get Fit Exercise 1 9:30 Get Fit Exercise 2 11:00 balance Class 1:00 Bus Ride & Abbott's Frozen Custard 2:00 Water Walking 3:30 Trivia Challenge 6:00 Hooks & Needles/ MR</p>	<p>21</p> <p>9:00 Get Fit Exercise 1 9:30 Get Fit Exercise 2 10:15 Coffee & Tea 10:30 Water balloon Toss & Games 2:00 Water Fitness 3:00 Cheese & "Spirits" (BYOB) Social</p>	<p>22</p> <p>10:00 Breakfast Club/ café</p> 
<p>23</p> <p>Online Worship Services</p>  <p>Week 1 Menu</p>	<p>24</p> <p>9:00 Get Fit Exercise 1 9:30 Get Fit Exercise 2 1:30 Afternoon Movie & Popcorn 2:00 Water Fitness 3:30 Brain Fitness</p>	<p>25 9:00 Get Fit Exercise 1 9:30 Get Fit Exercise 2 10:00 Bible Study 11:00 Bible Study 11:00 Balance Class 11:00 Brain Fitness 12:30 Blood Pressure Clinic w/ Therapy 1:30 Bible Study 2:00 Water Walking</p>	<p>26  10:00 Basket Weaving 11:00 Grocery Shopping/ Publix 1:00 Bus Ride & Abbott's Frozen Custard 2:00 Water Fitness 2:30 Billiard Battles 3:30 Spring into the- Distance Walking Club</p>	<p>27 9:00 Men's Coffee 9:00 Get Fit Exercise 1 9:30 Get Fit Exercise 2 10:30 Bible Study 2:00 Piano Medley of Sacred and Secular Songs w/ Molly 2:00 Water Walking</p>	<p>28 9:00 Get Fit Exercise 1 9:30 Get Fit Exercise 2 10:15 Coffee & Tea 2:00 Piano Medley of Sacred and Secular Songs w/ Molly 2:00 Water Fitness 3:00 Cheese & "Spirits"</p>	<p>29</p> <p>10:00 Breakfast Club/ café</p> 