

Resident Newsletter
GARDEN LIFE
JANUARY 2021



In This issue:	Page
Ed Rand	2
Marketing	3-4
From Legacy	5
January Outings	6
This & That	7-9
Pictures	10-11

Gladys Berkowitz	01
Tuffy Henderson	01
Betty Bell	03
Bobby Ranson	03
Bob Dixon	08
Marilyn Hixson	09
Pat O'Neil	10
Ernestine Irvin	12
Ron Hunter	13
Marian Preslar	14
Jean Weathers	14
Betty Caylor	20



We are on the web!
Come visit us at
www.taylorglencommunity.org

The End of Christmas

Ed Rand

One morning in early January, I went walking in our neighborhood. As I passed a house around the corner, I noticed something strange on the roof. It was a large red lump of plastic close to the chimney.

The house in question became, over the Christmas season, known as “Snoopy’s Doghouse” due to the over-abundance of lights and decorations all around it. The red lump on the roof was a deflated Santa obviously forgotten in the rush of taking everything down. “Don’t they know that Christmas is over?” I asked myself.

The end of Christmas can be, for many, a sad time. We put so much effort in trying to make the season exciting and joyful and suddenly it’s all over. We take down our trees, carefully put away our decorations and ornaments and make a beeline for the attic with boxes filled with memories of other times and other Christmas celebrations.

And yet, isn’t Christmas, the real Christmas, about a birth? And isn’t birth a happy time? And isn’t the birth of Jesus really a beginning rather than an end?

Through the Gospels, we follow the life of the child born that first Christmas and see wonders. There are the miracles, the healings, the teachings and the amazing story of a too short life. We re-live betrayal and the horror of Crucifixion and miracle of Resurrection. Each year we share again and again all these experiences following the Christmas story. And they move us greatly.

When I again passed “Snoopy’s Doghouse” Santa was gone from the roof; put away, I felt sure, for another celebration of life next Christmas. A beginning, not an end.



WHAT'S NEW IN MARKETING

What's Happening in Marketing???

Well just like time is flying by for the rest of the world, time is flying by for me here at Taylor Glen!

I am just so grateful to be part of this wonderful TG family. January 6th, I will have been here 6 months! Can you believe that?

Christmas holidays are over, that is right, but Jesus lives on inside the hearts of His children! Let's seek His holy Presence every day to keep our joy, peace and hope alive. Let's shine our lights for the Lord wherever we are and whatever we do.

In Thessalonians 3:12 the apostle Paul tells us, "May the Lord make your love increase and overflow for each other and for everyone else, just as ours does for you."

That being said, we have more residents moving in this month and next, so there will be even more folks here at Taylor Glen to show our love to! As our building fills up, so does the love in our hearts, right?

Please welcome the Bost family who will arrive early February. Marion, Barbara and Chris Bost will live next door to one another on first floor of B building. I knew these good folks from my childhood. Jeff Bost, son of Marion and Barbara, is married to Kim Bost, daughter of Bill and Mary Ablinger. Jeff and my brother David are friends from school and Kim and I are friends from our days of horseback riding together.

Jim and Alice Pendleton are coming in early February also. They are awesome, as you will see. Alice is bringing her bicycle to ride all around our beautiful outdoor paths! They both can't wait to get here!

Mary Ann Clements will be moving here also at the end of January. She comes from Georgia, and her son and his wife are coming down from Pennsylvania to help. Let's pray there won't be a winter snow storm on their traveling days!

There is lots of work going on in the two Model apartments, 147 C and 161 C, and our new Discovery Room will be started soon. These are all exciting things happening for me in my Marketing Department!

Happy January everyone! Let's count our blessings every day. Our biggest blessings are His mercy, grace, forgiveness, love, and His eternal Presence with us.

Love to all...

AG



Let it snow Let it snow Let it snow
Just not on Clements move in days!



Health and Wellness

Brain Fitness

We can strengthen a healthy brain through participation in certain activities or we can diminish areas of the brain through lack of use. For example, if you learn and practice a foreign language, you most likely will become more fluent. However, if you quit using that language, your vocabulary may decrease.

Alzheimer's disease is not a normal part of the aging process. According to the Mayo Clinic only about 5% of people between the ages of 65 and 74 have a diagnosis of Alzheimer's disease. Nearly 50% of people over the age of 85 have Alzheimer's disease. According to the Alzheimer's Association, symptoms of declining brain skills include:

1. Memory loss – evidenced by forgetting things and frequently repeating yourself.
2. Difficulties with abstract thinking/problem solving – such as balancing a checkbook
3. New problems in speaking, reading, and writing
4. Loss of planning and safety awareness/judgment – poor judgment with money
5. Difficulty performing/sequencing once routine tasks, such as cooking and laundry
6. Mood/personality changes – stubbornness, withdrawal, agitation
7. Confusion with time/place/date

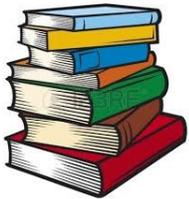
Come join Karen on January 21st at 11AM in the auditorium to discuss how to keep your mind sharp and strategies to cope with a declining memory.



January Outings

Grocery Shopping

- Wednesday, January 5th @ 11:00- Food Lion
- Wednesday, January 13th @ 11:00 - Walmart
- Wednesday, January 20th @ 11:00-Harris Teeter
- Wednesday, January 27th @ 11:00-Publix



Library News

Have you made resolutions for 2021? I hope it includes some reading.

Books in the library are for your pleasure. Reading gives you insight of the past, encouragement for the future or just fun.

No one is going to give you a test on what you read. If a book is not what you thought just return it and try another. The library is yours. Let the committee know of authors you like or have recommendations. We are trying to get more large print book for you.

**READ. ENJOY & GROW in
2021**

Bus Trips

Please join us for a bus trip to ride around and get ice cream at Abbot's Frozen Custard. Here is your chance to get out a little bit and enjoy a sweet treat. We hope you can join us. We hope to have a few more outings next month. We are still limited to 8 residents per trip. Listed below are the dates for the bus trips.

Bus Trip

January 7th at 1:00 p.m.

January 14th at 1:00 p.m.

January 21st at 1:00 p.m.



THIS AND THAT



Music Programs

Piano & Songs for the New Year

Please join Molly Rowden & friends for a fun musical program on Thursday, January 28th and then on Friday, January 29th at 1:30 p.m.

Monthly Events

Blood Pressure Clinic

On Tuesday, Jan. 12th and 26th at 12:30 p.m. Legacy Therapy Department will be hosting a blood pressure clinic in the library. Make this part of your routine. Let's stay healthy!!

Game Time

Billiard Battles

Every Wednesday @ 2:30!

Snowflake Hunt

Please join us Wednesday, January 6th at 3:30 at the front desk for a fun snowflake hunt. Let's hunt for snowflakes and the winner will win a prize.



Winter Scavenger Hunt

On Wednesday, January 13th join us at 3:30 for a winter scavenger hunt. Let's see who can find the most items that are wintery.

Snowball Toss

Let's toss snowballs and play games without getting our hands cold. Join us on Wednesday, January 20th at 3:30 p.m. for a fun afternoon.

Build a Snowman

Do you want to build a snowman? Let's build snowmen on Wednesday, January 26th at 3:00 p.m. in the café. This will be a fun activity for everyone. We hope to see you there.



Please sign up in the post office for all the fun winter games.

Wellness Breakfast

On Wednesday, January 13th at 9:00a.m. we will have our wellness breakfast in the main dining room. Please come enjoy a wonderful breakfast if you exercise regularly. Exercising deserves a special treat. We hope to see you then!

Cheese & "SPIRITS" (BYOB) Social Friday, January 1st, 8th, 15th 22nd, & 29th, @ 3:00 pm

Join us in the café for a fun afternoon enjoying cheese, crackers, grapes and your favorite beverage!
Please bring your own beverage.

HOE Group

(Hooked on Electronics)

Needing help with your phone or tablet, join us on Monday, Jan. 4th, Jan. 18th & Jan. 25th at 3:30 p.m. in the library.



THIS AND THAT

Monthly Events

Book Club

On the last Monday in every month please join the book club for discussion. We will meet this month on Monday, January 25th at 6:30 p.m.

Social Lites

Social Lites will be meeting on Monday January 14th at 11:00!

Coffee will be served!!!

Hot Topics w/ Norm

Are you ready to laugh? Join Norm and the rest of the group on Wednesday, January 6th and 20th for a great time and enjoy some refreshments too. .

Special Events

New Year's Lunch

On Wednesday Jan. 1st
@ 12:00 in the
dining room!

Travelogue w/ Larry Mann

My favorite Places

Do you miss traveling? I think we all do. Now is your chance to see some great pictures from all over the world. Larry Mann is going to share with you some of his favorite places he has traveled to.

We are doing two sessions. Please sign up in the post office. He will be here on Monday January 11th at 3:00 p.m. and then again that evening at 6:30 p.m.



Hat Day

On Friday, January 15th wear your favorite hat. National hat day is every year in January. Let's celebrate with your favorite hat. We can't wait to see them.



Hot Chocolate Social

Stop by the café on Tuesday, January 12th at 1:00 p.m. to enjoy a nice warm cup of hot chocolate. We hope to see you then.

THIS AND THAT

Creative Opportunities

Art Class

We hope to start art class back in February. Stay tuned for more information.



Creative Crafters

Please join the crafters on Friday, January 15th at 11:00 a.m. as they start preparing for Valentine's Day.

HOOKS AND NEEDLES

Thursday Evenings at 6:00

Spiritual Events

Men's Coffee w/ Keith Dixon

Join us on Tuesday, Jan. 12th at 9:00 a.m. in the card room!

Bible Study on Tuesdays

10:00 a.m.

11:00 a.m.

1:30 p.m.

Bible Study w/ Pastor Scott Davis

Pastor Scott Davis will start back coming for bible study in February.



Thank you to everyone who helped with decorating our beautiful community, We truly appreciate all the help. We could not decorate without your help. Thank you again!!!!



Making Santa Cookies

The MEU ladies enjoyed making Santa Cookies and eating them. They look yummy ladies.



Christmas Parade 2020



Thank you so much to the Mount Pleasant Band and students for coming to perform at the parade. A special thank you to Lainey Love for organizing and even bringing her dog, River to visit. Thank you so much. We loved the Christmas music.





Thank you to Ed Rand and Anne Garrett for braving the cold weather to be our Santa and Elf. We really appreciate you two. We couldn't have a parade without Santa time!! Thank you to everyone who came out in the cold to watch the parade and thank you to everyone who participated and helped with the parade. We love to see all our friends and family members. We sure miss y'all!!!!!!!

