





















Independent Living Activity Calendar – August 2022 The Gardens of Taylor Glen

Sun	Mon	Tue	Wed	Thu	Fri	Sat
 The Gardens of Taylor Glen 3700 Taylor Glen Lane Concord, NC 28027	1 9:00 Get Fit Exercise 1-Chapel 9:30 Stretch, Tone, and Balance 2 11:00 New Resident Orientation-CR 1:00 Beginner Swim Class 1:00 Canasta 1:00 Poker 2:00 Water Fitness 6:30 Taylor Glen Singers Practice	2 National Cupcake Day 9:00 Get Fit Exercise 1-Chapel 10:30 Bible Study w/ Rev. Rod Kerr 12:00 Cupcake Social-Café 1:30 Bible Study w/ Rev. Rod Kerr 2:00 Water Walking 6:30 Mahjong/ CR 	3 9:00 Get Fit Exercise 1-Chapel 9:30 Chair Yoga-Chapel 10:30 Bible Study w/ Rev. Scott Davis 11:00 Grocery Shopping: Food Lion 1:00 Billiard Battles 2:00 Open Swim w/ Cassie 2:30 Scrabble 4:00 Cocktail Hour– Café (BYOB) 6:30 Dominos	4 9:00 Get Fit Exercise 1-Chapel 9:30 Stretch, Tone, and Balance 2-Chapel 9:30 Men’s Coffee 11:00 Financial Meeting w/ Scott –AU 1:00 Ping Pong!-Chapel 1:30 Bridge-CR 6:00 Hooks & Needles/MR	5 9:00 Get Fit Exercise 1-Chapel 10:00 Weight Room Orientation 10:15 Coffee & Tea 1:00 Meet & Greet w/ Hayden and April-Café  1:30 Kings in the Korner / CR 2:00 Water Fitness 3:00 Cheese & “Spirits” - (BYOB) Social-AR	6 10: 15 Breakfast Club 1:30 Mahjong/CR 6:30 BINGO/ Café
7 6:00 St. James Male Chorus-AU Week 1 Menu	8 9:00 Get Fit Exercise 1-Chapel 9:30 Stretch, Tone, and Balance 2-Chapel 11:00 Lunch Outing: Jackie Boys Grill & Tap  1:00 Beginner Swim Class 1:00 Canasta 1:00 Poker 2:00 Water Fitness	9 9:00 Get Fit Exercise 1-Chapel 10:30 Bible Study w/ Rev. Rod Kerr 11:45 Blood Pressure Clinic-Library 1:30 Bible Study w/ Rev. Rod Kerr 2:00 Water Walking 3:30 HOE, Hooked on Electronics 6:30 Mahjong/ CR 	10 9:00 Get Fit Exercise 1-Chapel 9:30 Chair Yoga-Chapel 10:30 Bible Study w/ Rev. Scott Davis 11:00 Grocery Shopping: Walmart 1:00 Billiard Battles 2:00 Water Fitness 2:30 Scrabble 3:00 Scooter Assessment & Training –AU 4:00 Cocktail Hour– Café (BYOB) 6:30 Dominos	11 9:00 Get Fit Exercise 1-Chapel 9:30 Stretch, Tone, and Balance 2-Chapel 10:30 Women’s Fellowship 1:00 Ping Pong!-Chapel 1:30 Bridge-CR 3:00 Devotional w/.Rod-AU 6:00 Hooks & Needles/MR  6:00 Outing: Band of Oz	12 Wear Your Favorite Hawaiian Shirt 9:00 Get Fit Exercise 1-Chapel 10:00 Weight Room Orientation 10:15 Coffee & Tea  12:00 Social: Luau Party!-AU 1:30 Kings in the Korner / CR 2:00 Water Fitness 3:00 Cheese & “Spirits” - (BYOB) Social-AR	13 10: 15 Breakfast Club 1:30 Mahjong/CR 6:30 BINGO/ Café
14  Week 2 Menu	15 9:00 Get Fit Exercise 1-Chapel 9:30 Stretch, Tone, and Balance 2 — Chapel 10:30 Lunch Outing: Lunch @ North Harbor Club Restaurant & Bar 1:00 Beginner Swim Class 1:00 Canasta 1:00 Poker 3:30 Art Class w/ Ellen-AL Activity Room 6:30 Taylor Glen Singers Practice 	16 9:00 Wellness Breakfast –DR 9:00 Get Fit Exercise 1-Chapel 10:30 Bible Study w/ Rev. Rod Kerr 1:30 Bible Study w/ Rev. Rod Kerr 2:00 Water Walking 3:30 Table Game w/Mary Catherine: Left, Right, & Center 6:30 Mahjong/ CR 	17 9:00 Get Fit Exercise 1-Chapel 9:30 Chair Yoga-Chapel 10:30 Bible Study w/ Rev. Scott Davis 11:00 Grocery Shopping: Harris Teeter 1:00 Billiard Battles 2:00 Water Fitness 2:30 Scrabble 3:30 Sports Trivia-MR 4:00 Cocktail Hour– Café (BYOB) 6:30 Dominos	18 Name Tag Day Wear Your Name Tag 9:00 Get Fit Exercise 1-Chapel 9:30 Stretch, Tone, and Balance 2-Chapel 9:30 Men’s Coffee  12:00 Pizza Party!!- AU  1:00 Ping Pong!-Chapel 1:30 Bridge-CR 6:00 Hooks & Needles/MR	19 9:00 Get Fit Exercise 1-Chapel 10:00 Weight Room Orientation 10:15 Coffee & Tea 11:00 Social Lites-CR 1:30 Kings in the Korner / CR 2:00 Water Fitness 3:00 Cheese & “Spirits” - (BYOB) Social-AR 3:00-5:00 Free Swim	20 10: 15 Breakfast Club 1:30 Mahjong/CR 6:30 BINGO/ Café
21 6:00 Sunday Worship Service w/ Rod Kerr-AU Week 3 Menu	22 National Ice Cream Sandwich Day 9:00 Get Fit Exercise 1-Chapel 9:30 Stretch, Tone, and Balance 2 — Chapel 12:00 Social: Ice Cream Sandwiches-Courtyard  1:00 Beginner Swim Class 1:00 Canasta 1:00 Poker 2:00 Water Fitness 3:30 Art Class w/ Ellen –AL Activity Room	23 9:00 Get Fit Exercise 1-Chapel 10:30 Bible Study w/ Rev. Rod Kerr 1:30 Bible Study w/ Rev. Rod Kerr 2:00 Water Walking 3:00 Wellness Class 6:30 Special Music Performance: Al Mahan-AU  6:30 Mahjong/ CR	24 9:00 Get Fit Exercise 1-Chapel 9:30 Chair Yoga-Chapel 10:30 Bible Study w/ Rev. Scott Davis 11:00 Grocery Shopping: Publix 1:00 Billiard Battles 2:00 Water Fitness 2:30 Scrabble 3:30 Community Meeting-AU 4:00 Cocktail Hour– Café (BYOB)	25 9:00 Get Fit Exercise 1-Chapel 9:30 Stretch, Tone, and Balance 2-Chapel 9:30 Women’s Coffee 1:00 Ping Pong!-Chapel 1:30 Bridge-CR 3:00 Devotional w/.Rod-AU  6:00 Hooks & Needles/MR 6:00 Outing: Baseball Game- Kannapolis Cannon Ballers VS. Carolina Mudcats	26 9:00 Get Fit Exercise 1-Chapel 10:00 Weight Room Orientation 10:15 Coffee & Tea 1:30 Kings in the Korner / CR 2:00 Water Fitness 3:00 Cheese & “Spirits” - (BYOB) Social-AR	27 10: 15 Breakfast Club 1:30 Mahjong/CR 6:30 BINGO/ Café
28  Week Four Menu	29 9:00 Get Fit Exercise 1-Chapel 9:30 Stretch, Tone, and Balance 2— Chapel 11:00 Lunch Outing: Lunch @ Chophouse 101 in Kannapolis  1:00 Beginner Swim Class 1:00 Canasta 1:00 Poker 2:00 Water Fitness 3:30 Art Class w/ Ellen-AL Activity Room	30 8:00 Outing: A Day in Boone, NC- Arborcrest Gardens & Lunch at Daniel Boone Inn 10:30 Bible Study w/ Rev. Rod Kerr 1:30 Bible Study w/ Rev. Rod Kerr 2:00 Water Walking 6:30 Mahjong/ CR 	31 9:00 Get Fit Exercise 1-Chapel 9:30 Chair Yoga-Chapel 10:30 Bible Study w/ Rev. Scott Davis 11:00 Grocery Shopping: Aldi 1:00 Billiard Battles 2:00 Water Fitness 3:30 Miscellaneous Trivia-MR 2:30 Scrabble 4:00 Cocktail Hour– Café (BYOB) 6:30 Dominos			Activity Location Key: AR-Activity Room MR-Music Room CR-Card Room LB-Library BR-Billiards Room AU-Auditorium