

# Independent Living Activity Calendar – September 2022 The Gardens of Taylor Glen

Sun	Mon	Tue	Wed	Thu	Fri	Sat
<p style="text-align: center;"><b>The Gardens of Taylor Glen</b> 3700 Taylor Glen Lane Concord, NC 28027</p>	<p><b>Activity Location Key:</b></p> <p>AR-Activity Room MR-Music Room CP-Dickson Worship Ctr CR-Card Room LB-Library BR-Billiards Room</p>			<p>1 9:00 Get Fit Exercise 1-Chapel 9:30 Stretch, Tone, and Balance 2-Chapel <b>9:30 Men's Coffee</b> 1:00 Ping Pong!-Chapel 1:30 Bridge-CR 2:00 Water Walking <b>3:30 Cornhole w/ Mary Catherine-AU</b> 6:00 Hooks &amp; Needles/MR</p>	<p>2 9:00 Independent Led Exercise - Chapel <b>10:00 Jocko's Mini Golf &amp; Shortstops Burgers and Shakes</b> 10:15 Coffee &amp; Tea 1:30 Kings in the Korner / CR 2:00 Open Swim 3:00 Cheese &amp; "Spirits" - (BYOB) Social-Café</p>	<p>3 10:15 Breakfast Club/Café 1:30 Mahjong /CR 6:30 BINGO/Café</p>
<p>4</p> <p style="text-align: center;"><b>6:00 Sunday Worship Service w/ Rev. Rod Kerr-AU</b></p> <p style="text-align: center;"><b>Week 3 Menu</b></p>	<p><b>5 Labor Day</b> 9:00 Independent Led Exercise-Chapel <b>12:00 Labor Day Lunch-DR</b> 1:00 Beginner Swim Class 1:00 Canasta 1:00 Poker 2:00 Open Swim 6:30 Taylor Glen Singers Practice</p>	<p><b>6</b> 9:00 Get Fit Exercise 1-Chapel 9:30 Stretch, Tone, and Balance 2-Chapel 10:30 Bible Study w/ Rev. Rod Kerr <b>12:00 Apple Cobbler Social-Café</b> 2:00 Water Walking 3:15 Beginner Art Class w/ Ellen- AL AR 6:30 Mahjong/ CR</p>	<p><b>7</b> 9:00 Get Fit Exercise 1-Chapel 9:30 Chair Yoga-Chapel 10:30 Bible Study w/ Rev. Scott Davis <b>11:00 Grocery Shopping: Food Lion</b> 1:00 Billiard Battles 2:00 Water Fitness 2:30 Scrabble <b>3:00 Book Event: "Live in the Light" by Tim Eichenbrenner</b> 4:00 Cocktail Hour- Café (BYOB) 6:30 Dominos</p>	<p><b>8</b> 9:00 Get Fit Exercise 1-Chapel 9:30 Stretch, Tone, and Balance 2-Chapel <b>10:30 Women's Fellowship-AU</b> 1:00 Ping Pong!-Chapel 1:30 Bridge-CR 2:00 Water Walking <b>3:00 Devotional w/ Rod-AU</b> 6:00 Hooks &amp; Needles/MR</p>	<p><b>9</b> 9:00 Get Fit Exercise 1-Chapel 10:00 Weight Room Orientation 10:15 Coffee &amp; Tea <b>11:00 Honoring 9/11: Making Treat Bags for the Concord Police Department</b> <b>2:00 Special Meeting w/ our President Reed Vaderslik-AU</b> 1:30 Kings in the Korner / CR 3:00 Cheese &amp; "Spirits" - (BYOB) Social-Café</p>	<p>10 10:15 Breakfast Club/Café 1:30 Mahjong /CR 6:30 BINGO/Café</p>
<p>11</p> <p style="text-align: center;"><b>6:00 Taylor Glen Singers Concert: Old Hymns w/ Norm-AU</b></p> <p style="text-align: center;"><b>Week 4 Menu</b></p>	<p>12 9:00 Get Fit Exercise 1-Chapel 9:30 Stretch, Tone, and Balance 2-Chapel <b>10:30 Lunch Outing: Community Matters Café in Charlotte</b> 1:00 Beginner Swim Class 1:00 Canasta 1:00 Poker 2:00 Water Fitness</p>	<p>13 9:00 Get Fit Exercise 1-Chapel 9:30 Stretch, Tone, and Balance 2-Chapel <b>11:45 Blood Pressure Clinic-Library</b> 2:00 Water Walking 3:15 Beginner Art Class w/ Ellen- AL AR <b>3:30 HOE, Hooked on Electronics</b> 6:30 Mahjong/ CR</p>	<p><b>14</b> 9:00 Get Fit Exercise 1-Chapel 9:30 Chair Yoga-Chapel 10:30 Bible Study w/ Rev. Scott Davis <b>11:00 Grocery Shopping: Walmart</b> 1:00 Billiard Battles 2:00 Water Fitness 2:30 Scrabble 4:00 Cocktail Hour- Café (BYOB) 6:30 Dominos</p>	<p><b>15</b> 9:00 Get Fit Exercise 1-Chapel 9:30 Stretch, Tone, and Balance 2-Chapel <b>9:30 Men's Coffee</b> <b>10:30 Bible Study w/ Rod Kerr-AU</b> <b>1:00 Meet &amp; Greet w/ Hayden and April-Café</b> <b>1:30 Bible Study w/ Rod Kerr-AU</b> 1:30 Bridge-CR <b>2:00 Sing Along w/ Donna Bollinger-AU</b> 6:00 Hooks &amp; Needles/MR</p>	<p><b>16</b> 9:00 Get Fit Exercise 1-Chapel 10:00 Weight Room Orientation 10:15 Coffee &amp; Tea <b>11:00 Social Lites-CR</b> 1:30 Kings in the Korner / CR 2:00 Water Fitness 3:00 Cheese &amp; "Spirits" - (BYOB) Social-Café</p>	<p>17 10:15 Breakfast Club/Café 1:30 Mahjong /CR 6:30 BINGO/Café</p>
<p>18</p> <p style="text-align: center;"><b>Week 5 Menu</b></p>	<p>19 9:00 Get Fit Exercise 1-Chapel 9:30 Stretch, Tone, and Balance 2-Chapel <b>1:00 Movie Outing: Starlight Cinema</b> 1:00 Beginner Swim Class 1:00 Canasta 2:00 Water Fitness 1:00 Poker 6:30 Taylor Glen Singers Practice</p>	<p><b>20 9:00 Wellness Breakfast-DR</b> 9:30 Stretch, Tone, and Balance 2-Chapel 2:00 Water Walking <b>3:00 Wellness Class</b> 3:15 Beginner Art Class w/ Ellen- AL AR 6:30 Mahjong/ CR</p>	<p><b>21</b> 9:00 Get Fit Exercise 1-Chapel 9:30 Chair Yoga-Chapel 10:30 Bible Study w/ Rev. Scott Davis <b>11:00 Grocery Shopping: Harris Teeter</b> 1:00 Billiard Battles 2:00 Water Fitness 2:30 Scrabble 4:00 Cocktail Hour- Café (BYOB)</p>	<p><b>22 First Day of Fall!</b> 9:00 Get Fit Exercise 1-Chapel 9:30 Stretch, Tone, and Balance 2-Chapel 1:00 Ping Pong!-Chapel 2:00 Water Walking 1:30 Bridge-CR 2:00 Water Walking 6:00 Hooks &amp; Needles/MR</p>	<p>23 9:00 Get Fit Exercise 1-Chapel <b>10:00 Outing: Light Walk at Lake Norman State Park &amp; Lunch</b> 10:15 Coffee &amp; Tea 1:30 Kings in the Korner / CR 2:00 Water Fitness 3:00 Cheese &amp; "Spirits" - (BYOB) Social-Café</p>	<p>24 10:15 Breakfast Club/Café 1:30 Mahjong /CR 6:30 BINGO/Café</p>
<p>25</p> <p style="text-align: center;"><b>Week 1 Menu</b></p>	<p><b>26</b> 9:00 Get Fit Exercise 1-Chapel 9:30 Stretch, Tone, and Balance 2-Chapel <b>10:00 Fall Shopping: Lunch &amp; Fall Shopping at Hamricks and the Outlets</b> 1:00 Beginner Swim Class 1:00 Canasta 1:00 Poker</p>	<p><b>27</b> 9:00 Get Fit Exercise 1-Chapel 9:30 Stretch, Tone, and Balance 2-Chapel 10:30 Bible Study w/ Rev. Rod Kerr <b>12:00 Social: Apple Cider &amp; Apple Doughnuts- Pool Patio</b> 1:30 Bible Study w/ Rev. Rod Kerr 2:00 Water Walking 3:15 Beginner Art Class w/ Ellen- AL AR 6:30 Mahjong/ CR</p>	<p>28 9:00 Get Fit Exercise 1-Chapel 9:30 Chair Yoga-Chapel 10:30 Bible Study w/ Rev. Scott Davis <b>11:00 Grocery Shopping: Publix</b> 1:00 Billiard Battles 2:00 Water Fitness <b>3:30 Community Meeting-AU</b> 2:30 Scrabble 4:00 Cocktail Hour- Café (BYOB) 6:30 Dominos</p>	<p><b>29</b> 9:00 Get Fit Exercise 1-Chapel 9:30 Stretch, Tone, and Balance 2-Chapel <b>9:30 Women's Coffee</b> <b>10:00 Outing: Calvary Church &amp; Luncheon-Organ Concert</b> 1:00 Ping Pong!-Chapel 2:00 Water Walking 1:30 Bridge-CR 6:00 Hooks &amp; Needles/MR</p>	<p>30 9:00 Get Fit Exercise 1-Chapel <b>9:30 Outing: Windy Hill Apple Orchard &amp; Cidery</b> 10:15 Coffee &amp; Tea 1:30 Kings in the Korner/CR 2:00 Water Fitness 3:00 Cheese &amp; Spirits-(BYOB) Social-Café</p>	