




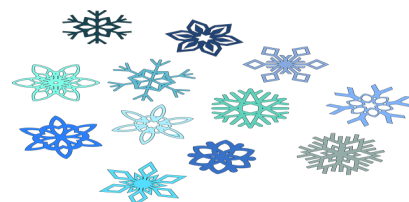


Healthcare Activity Calendar

January 2023

The Gardens of Taylor Glen

Sun	Mon	Tue	Wed	Thu	Fri	Sat
1  10:00 Morning Greetings 12:00 Remembering "1923" 2:00 New Years Snack Cart 3:30 "Happy New Years Charlie Brown" Movie 5:00 Evening Visits	2 National Cream Puff Day 10:30 Morning Greetings 10:30 Discussion: New Years around the world 1:30 What's your New Years Resolution 2:30 Snack w/ Music 3:30 One on One visits 4:30 1 min. Game 5:30 Evening Visits	3 National Chocolate Covered Cherry Day 10:30 Morning Greetings 11:00 Let's get moving 11:30 Today in History 1:30 Snack: Choc. Covered Cherries 2:00 Name 3 Game 2:30 Trivia: Snow 3:30 One on One Visits 4:30 Towel Folding 5:30 Evening Visits	4 National Pizza Week 10:30 Morning Greetings 11:30 Flower Arranging 1:30 Penguin Craft 2:30 A-Z game 3:30 Pizza Snack 4:30 Reminiscing Time 5:30 Evening Visits	5 8:30-12 Beauty Shop 10:30 Morning Greetings 11:30 Devotions 1:30 Famous people of the Great Smokey Mountains 2:30 Favorite Mountain Trip 3:30 Snack and Relax 4:30 Shake Loose a Memory 5:30 Evening Visits	6 10:30 Morning Greetings 11:00 Discussion: Wheel of Fortune 12:00 Exercise-Stretches 1:30 One on One Time 2:30 Nail Spa 3:30 What's my Line {Game} 4:30 Music and Memory 5:30 Evening Visits	7 10:00 Morning Greetings 12:00 Today in the News 2:00 Manicures 3:30 Snack and Chat 4:30 Afternoon stretches 5:30 Evening Visits
8 Happy Birthday Elvis Presley 10:00 Morning Greetings 12:00 Celebrate Elvis Birthday 2:00 Choc. Chip Ice Cream Sandwiches 3:30 Fun Facts on Elvis 5:00 Evening Visits 6:00 Memorial Service w/ Keith Dixon	9 10:30 Morning One on Ones 11:30 Big Puzzles 12:00 Hand Therapy W/ Lotion 1:30 Read the Daily News 2:30 Matching Game 3:30 Stretches 4:30 Moth Ball in the Attic	10 10:30 Morning Greetings 11:00 Resident Council 11:30 Trivia (Person, Place and Thing) 12:00 Chair Exercises 1:30 Nail care 2:30 Shake loose a memory 3:30 Sing A Long 4:30 Tic Tac Toe Toss	11 10:30 Morning One on Ones 11:30 Devotions w/ Crystal 1:30 Art: Paint me a picture 2:30 M&M game 3:30 Music / Relax 4:30 Evening Movie W /Cheese Balls 5:30 Evening Visits	12 8:30 -12:00 Beauty Shop 10:30 Devotions w/ Crystal 11:30 Brain Teasers 1:30 Color me Happy 2:30 Connect Four 3:00 Visits w/ Rev. Sammy 3:30 Bible Trivia 4:30 Read to the Residents 5:30 Evening Visits	13 National Poetry at work Day 10:30 Morning Devotions 11:30 Current Events and Snack 1:30 Today in History {Frisbee} 2:30 Afternoon Stretches 3:30 Folding Towels 4:30 Read Poetry 5:00 Evening One on Ones	14 10:00 Morning Greetings 12:00 Exercise-Sit and Stretch 2:00 Movie Matinee 3:30 Connect Four 5:00 One on One Visits
15 National Strawberry Ice Cream Day 10:00 Morning Greetings 12:00 Snow Flakes 2:00 Strawberry Ice Cream Social 3:30 Sunday Movie Matinee 5:00 Evening Visits 6:00 Worship Service w/ Rev. Sammy	16 Wear a Hat Day 10:30 Morning Greetings 11:00 One on Ones 12:00 Discussion on Ethel Merman 1:30 Nail Care 2:30 Snack and Soothing Sounds 3:30 Everyday Flash Cards 4:30 Afternoon Exercise 5:00 Evening Visits	17 10:00 Morning Greetings 10:30 Devotions w/ Crystal 11:30 Exercise- Sit & Strength 1:00 Building Blocks 1:30 Bible Study w/ Rev. Sammy 2:30 One on One Visits 3:30 Name 3 game 4:30 Evening Visits	18 "Winnie the Pooh Day" 10:30 Morning Greetings 11:00 Encouraging Words w/ Crystal 11:30 Reading W/ Crystal 1:30 Discussion on Pooh 2:30 Balloon Volley Ball 3:30 Relaxation Corner 4:30 Evening One on Ones 6:30 Special Music w/ Jenny Wayne 	19 8:30-12 Beauty Shop National Popcorn Day 10:30 Morning Greetings 11:30 Trivia 1:30 Exercise-Stretch Bands 2:00 Visits w/ Rev. Sammy 2:30 Snack and Chat w/ Popcorn 3:30 Reminiscing- This Day in History-Martin Luther King Jr. 4:30 Evening Visits	20 10:30 Greetings 11:30 Music Trivia 12:00 Shake Loose A Memory 1:30 Afternoon Exercise 2:30 Snack and Chat 3:30 Dominions-Color matching 4:30 Discussion-Winter 6:30 Special Music-Ethan Ulsan - Aud.	21 10:00 Morning Greetings 12:00 Fun Facts about Penguins 2:00 Penguin Craft 3:30 Movie -Happy Feet 5:00 Evening Visits
22 10:00 Morning Greetings 12:00 Music and Memories 2:00 Manicures 3:30 Snack and Chat-Blond Brownies 5:00 Evening Visits 6:00 Worship Service w/ Rev. Sammy	23 National Clothes Clashing Day 10:30 Morning Greetings 11:30 Trivia 1:30 Today in History 2:30 Every Day Flash Cards 3:30 Reading Wagon w/ Snacks 4:30 Nail Care 5:00 Evening One on Ones	24 10:30 Morning Greetings 11:00 Devotions w/ Crystal 11:30 Exercise- Sit & Strength 1:00 Scattergories 1:30 Bible Study w/ Rev. Sammy 2:30 Snack and Chat 3:30 Color Game 4:30 Reminiscing Old Photos 5:00 Evening Visits	25 Monthly Birthday Party 10:30 Morning Greetings 11:00 Morning Devotions/W Crystal 11:30 Exercise : Chair Yoga 1:30 Sweet Smells- Bake Club 2:30 Birthday Party  3:30 Nail Care 4:30 Reading Wagon 5:00 Relaxation Station	26 8:30-12 Beauty Shop 10:30 Morning Greetings 11:00 Devotions w/ Crystal 11:30 Stackem up Game 1:30 Afternoon Snack and Chat 2:00 Visits w/ Rev. Sammy 3:00 Loving Hands W/ Lotion 4:00 Sand Therapy 4:30 Reminiscing Corner 5:00 Evening One on Ones	27 Chocolate Cake Day 10:30 Morning Greetings 11:30 Sweet Smells-Bake Club 1:30 Balloon Volleyball 2:30 Everyday Photos 3:30 Snack and Chat 4:30 Today in History 5:00 Evening one on Ones	28 10:00 Morning Greetings 11:00 Exercise- Move to the Music 12:00 Relaxation Corner 2:00 Finish the Proverbs 3:30 Snack and Chat 4:00 Movie Matinee
29 National Puzzle Day 10:00 Morning Greetings 12:00 Exercise-Sit and Stretch 2:00 Word Game A-Z 3:00 Puzzle Time 3:30 Snack and Chat 5:00 Evening Visits 6:00 Worship Service w/ Rev. Sammy	30 National Croissant Day 10:30 Morning Greetings 11:30 Exercise-Stretches 1:30 One on One Visits 2:30 Global Belly Laugh Day-Tell a Joke 3:30 Snack-Chicken Salad on Croissants 4:30 History of Croissants	31 10:30 Morning Greetings 11:30 Tell a Joke Time 1:00 What an I Game 1:30 Bible Study w/ Rev. Sammy 2:30 Nail Care 3:30 Shake Loose a memory 4:30 Penny Ante 5:00 Evening Visits	 Happy Birthday Gladys Berkowitz 1st Jean Weathers 14th Betty Caylor 20th		All Activities are subject to change 	Gardens Of Taylor Glen 3700 Taylor Glen Lane Concord, NC 28027