






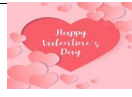









# Independent Living Activity Calendar – February 2023 The Gardens of Taylor Glen

| Sun  | Mon  | Tue  | Wed  | Thu   | Fri  | Sat   |
|--|--|--|--|---|--|---|
|   |   |    | <b>1</b><br>9:00 Get Fit Exercise<br>9:30 Stretch, Tone, & Balance<br>10:30 Bible Study w/ Rev. Scott Davis-AU<br><b>11:00 Grocery Outing: Harris Teeter</b><br>1:00 Billiard Battles<br>2:0 Water Fitness<br>2:30 Scrabble<br>6:30 Dominoes   | <b>2</b> 9:00 Get Fit Exercise 1<br>9:30 Stretch, Tone, and Balance<br><b>9:30 Men's Coffee</b><br>10:30 Kings in the Corner<br>1:00 Ping Pong<br>1:00 Bridge-CR<br>2:00 Water Walking<br><b>3:00 Devotional w/ Sammy-AU</b><br>6:00 Hooks and Needles<br><b>6:00 "A Pre-Festival Piano Inspiration"-by students from Karla Williams' Music Studio-AU</b> | <b>3 National Wear Red Day</b><br>9:00 Get Fit Exercise<br>9:30 Stretch, Tone, and Balance<br>10:15 Coffee and Tea<br><b>11:00 Valentine's Day Card Making, Treats &amp; Refreshments- CR</b><br>1:30 Kings in the Corner<br>2:00 Water Fitness<br>3:00 Cheese and Spirits-AR<br> | <b>4</b><br>10:00 Breakfast Club<br><br>1:30 Mahjong<br><br>6:30 BINGO-Café   |
| <b>5</b><br><br><b>6:00 pm</b><br><b>Worship Service w/ Sammy Pierce-AU</b><br><br><b>Week 3 Menu</b>  | <b>6</b> 9:00 Get Fit Exercise-Chapel<br>9:30 Stretch, Tone, & Balance-Chapel<br><b>11:00 Lunch Outing:</b><br><b>E Noodles</b><br>1:00 Canasta<br>1:00 Poker<br>2:00 Water Fitness<br><b>3:00-5:00 Free/Guest Swim</b><br>6:00 Taylor Glen Singers Practice<br>                    | <b>7</b> 9:00 Get Fit Exercise 1<br>9:30 Stretch, Tone, & Balance<br><b>10:30 Bible Study w/ Sammy-AU</b><br><b>11:15 Initial Meeting: Taylor Glen Angels-AU</b><br><b>1:30 Bible Study w/ Sammy-AU</b><br>2:00 Water Walking<br>3:15 Beginner Art Class w/ Ellen-AR<br><b>3:30 Baking:</b><br><b>4 Ingredients-Strawberry Dump Cake-AR</b><br><b>6:30 Special Music Performance: Al Mahan</b>   | <b>8</b> 9:00 Get Fit Exercise<br>9:30 Stretch, Tone, & Balance<br>10:30 Bible Study w/ Rev. Scott Davis-AU<br><b>11:00 Grocery Outing: Neighborhood Walmart</b><br>1:00 Billiard Battles<br>2:00 Water Fitness<br><b>2:30 Valentine's Day Trivia w/ Cassie-MR</b><br>2:30 Scrabble  | <b>9</b><br>9:00 Get Fit Exercise 1<br>9:30 Stretch, Tone, and Balance<br><b>10:30 Women's Fellowship Circle</b><br>10:30 Kings in the Corner<br>1:00 Ping Pong<br>1:00 Bridge-CR<br><b>3:00 Devotional w/ Sammy-AU</b><br>6:00 Hooks and Needles   | <b>10</b><br>9:00 Get Fit Exercise<br>9:30 Stretch, Tone, and Balance<br>10:15 Coffee and Tea<br>3:00 Cheese and Spirits-AR<br><b>6:15 Outing:</b><br>Salisbury Symphony Presents-Serenade Pianos  | <b>11</b><br><br>10:00 Breakfast Club<br><br>1:30 Mahjong<br><br>6:30 BINGO-Café  |
| <b>12</b><br><br><b>6:00 Worship Service w/ Sammy Pierce-AU</b><br><br><b>6:00 Superbowl!</b><br><br><b>Week 4 Menu</b> | <b>13</b> 9:00 Get Fit Exercise-Chapel<br>9:30 Stretch, Tone, & Balance-Chapel<br><b>11:00 Lunch Outing:</b><br><b>Jackie Boys Grill &amp; Tap</b><br>1:00 Canasta<br>1:00 Poker<br>2:00 Water Fitness<br><b>3:30 Craft:</b><br><b>Button Heart Canvas Craft-IL AR</b><br>        | <b>14 Wear Red or, Pink Valentine's Day</b><br><br>9:00 Get Fit Exercise 1<br>9:30 Stretch, Tone, & Balance<br><b>10:30 Bible Study w/ Sammy-AU</b><br><b>11:15 Blood Pressure Clinic-Library</b><br><b>12:00 Valentine's Day Pizza Party-AU</b><br><b>1:30 Bible Study w/ Sammy-AU</b><br>2:00 Water Walking<br>3:15 Beginner Art Class w/ Ellen-AR | <b>15</b> 9:00 Get Fit Exercise<br>9:30 Stretch, Tone, & Balance<br>10:30 Bible Study w/ Rev. Scott Davis-AU<br><b>11:00 Grocery Outing: Publix</b><br>1:00 Billiard Battles<br>2:00 Water Fitness<br><b>3:30 HOE: Hooked on Electronics-Library</b><br>2:30 Scrabble<br>6:30 Dominoes<br><b>4:30 Dinner Outing:</b><br><b>SOGO Japanese Steakhouse</b><br> | <b>16</b> 9:00 Get Fit Exercise 1<br>9:30 Stretch, Tone, and Balance<br><b>9:30 Men's Coffee</b><br><b>10:30 Book Cub w/ Sammy:</b><br><b>Focusing on God During Times of Grief</b><br>10:30 Kings in the Corner<br>1:00 Ping Pong<br>1:00 Bridge-CR<br>2:00 Water Walking<br><b>3:00 Devotional w/ Sammy-AU</b><br>6:00 Hooks and Needles                | <b>17</b> 9:00 Get Fit Exercise<br>9:30 Stretch, Tone, and Balance<br><b>10:00 Outing:</b><br><b>Mint Museum Charlotte- Picasso Exhibit</b><br>10:15 Coffee and Tea<br>1:30 Kings in the Corner<br>2:00 Water Fitness<br>3:00 Cheese and Spirits-AR<br>                         | <b>18</b><br><br>10:00 Breakfast Club<br><br>1:30 Mahjong<br><br>6:30 BINGO-Café  |
| <b>19</b><br><br><b>6:00 Worship Service w/ Sammy Pierce-AU</b><br><br><b>Week 5 Menu</b>  | <b>20</b> 9:00 Get Fit Exercise-Chapel<br>9:30 Stretch, Tone, & Balance-Chapel<br><b>10:30 Lunch Outing::</b><br><b>Brickhouse Tavern</b><br>1:00 Canasta<br>1:00 Poker<br>2:00 Water Fitness<br><b>3:00 -5:00 Free &amp; Guest Swim</b><br>6:00 Taylor Glen Singers Practice<br> | <b>21 9:00 Wellness Breakfast-DR</b><br><b>10:30 Bible Study w/ Sammy-AU</b><br><b>11:30 Outing:</b><br><b>Souper Bowl</b><br><b>1:30 Bible Study w/ Sammy-AU</b><br>2:00 Water Walking<br><b>3:00 Special Music Performance:</b><br><b>Jeff Whittington</b><br>3:15 Beginner Art Class w/ Ellen-AR<br>   | <b>22</b> 9:00 Get Fit Exercise<br>9:30 Stretch, Tone, & Balance<br>10:30 Bible Study w/ Rev. Scott Davis-AU<br><b>11:00 Grocery Outing : Food Lion</b><br>1:00 Billiard Battles<br>2:0 Water Fitness<br>2:30 Scrabble<br><b>3:00 Community Meeting-AU</b><br>6:30 Dominoes  | <b>23</b> 9:00 Get Fit Exercise 1<br>9:30 Stretch, Tone, and Balance<br><b>9:30 Women's Coffee-CR</b><br>10:30 Kings in the Corner<br><b>11:00 Social Lites</b><br>1:00 Ping Pong<br>1:00 Bridge-CR<br>2:00 Water Walking<br><b>3:00 Devotional w/ Sammy-AU</b><br>6:00 Hooks and Needles   | <b>24</b> 9:00 Get Fit Exercise<br>9:30 Stretch, Tone, and Balance<br><b>10:00-4:00 pm Swap &amp; Shop-AR</b><br>10:15 Coffee and Tea<br>1:30 Kings in the Corner<br><b>2:00 Talent Show!-AU</b><br>3:00 Cheese and Spirits-AR<br>  | <b>25</b><br><br>10:00 Breakfast Club<br><br>1:30 Mahjong<br><br>6:30 BINGO-Café  |
| <b>26</b><br><br><b>6:00 Worship Service w/ Sammy Pierce-AU</b><br><br><b>Week 1 Menu</b>  | <b>27</b> 9:00 Get Fit Exercise-Chapel<br>9:30 Stretch, Tone, & Balance-Chapel<br><b>11:00 Lunch outing:</b><br><b>Mi Pueblo</b><br>1:00 Canasta<br>1:00 Poker<br>2:00 Water Fitness<br>6:00 Taylor Glen Singers Practice<br><b>6:30 Book Club-Library</b><br>                    | <b>28 10:30 Bible Study W/ Sammy-AU</b><br><b>1:00 Get Fit Exercise-Chapel</b><br><b>1:30 Bible Study w/ Sammy-AU</b><br>2:00 Water Walking<br><b>2:30 Misc. Trivia w/ Cassie-MR</b><br>3:15 Beginner Art Class w/ Ellen-AR  |   |   |  | <b>Activity Location Key:</b><br>AR-Activity Room<br>MR-Music Room<br>CP-Dickson Worship Ctr<br>CR-Card Room<br>LB-Library<br>AU-Auditorium |