












Independent Living Activity Calendar- May 2023 The Gardens of Taylor Glen

Sun	Mon	Tue	Wed	Thu	Fri	Sat
 The Gardens of Taylor Glen 3700 Taylor Glen Lane Concord, NC 28027	1 9:00 Get Fit Exercise-Chapel 9:30 Stretch, Tone, & Balance-Chapel 10:30 Morning Devotional w/ Cassie: Proverbs 31 Ministries-Courtyard 1:00 Canasta 1:00 Poker 1:30 Cornhole w/ Cassie-Pool Patio 2:00 Water Fitness 3:00 Summer Trivia w/ Cassie-MR 3:00-5:00 Free/Guest Swim 6:30 Taylor Glen Singers Practice	2 9:00 Get Fit Exercise-Chapel 9:30 Stretch, Tone, & Balance-Chapel 10:30 Bible Study w/ Sammy-AU 11:15 Blood Pressure Clinic-Library 1:30 Bible Study w/ Sammy-AU 1:00 Indoor Bowling w/ Cassie-Courtyard 1:30 Water Walking 3:15 Art Class w/ Ellen-IL AR 6:30 Special Performance: Queen City Ringers-AU	3 9:00 Get Fit Exercise-Chapel  9:30 Chair Yoga-Chapel 10:30 Bible Study w/ Rev. Scott Davis-AU 10:30 National Nurses Day Preparation: Making Treat Bags for HC, AL, MEU Nurses-AR 11:00 Grocery Outing: Food Lion 1:00 Billiard Battles 1:30 Indoor Sports: Ping Pong w/ Cassie-Chapel 2:00 Water Fitness 2:30 Scrabble 3:00 Baking w/ Cassie: Lemon Bars-IL AR	4 National Day of Prayer 9:00 Get Fit Exercise 1-Chapel 9:30 Stretch, Tone, and Balance-Chapel 9:30 Men's Coffee-CR 11:15 Blood Pressure Clinic-Library 1:00 Ping Pong 1:00 Bridge-CR 1:30 Water Walking  3:00 Special Devotional w/ Sammy-AU 6:00 Hooks and Needles	5 Cinco De Mayo National Health and Fitness Day 9:00 Get Fit Exercise-Chapel 9:30 Stretch, Tone, and Balance-Chapel 10:30 Field Day w/ Broad River Rehab!-Front Lawn 10:15 Coffee and Tea-CR  2:00 Water Fitness 3:00 Cheese and Spirits-Café	6 Kentucky Derby National Nurses Day 1:30 Mahjong/ CR 6:30 Bingo / Café
7 6:00 Worship Service w/ Sammy-AU	8 9:00 Get Fit Exercise-Chapel 9:30 Stretch, Tone, & Balance-Chapel 10:30 Spring Shopping & Lunch Outing: TJ Maxx and Firehouse Subs 1:00 Canasta  1:00 Poker 2:00 Card Game: Phase 10-Café 2:00 Water Fitness 3:15 Craft w/ Cassie: Make Your Own Mandala Coaster-IL AR 6:30 Taylor Glen Singers Practice	9 9:00 Get Fit Exercise-Chapel 9:30 Stretch, Tone, & Balance-Chapel 10:00 Miller's Produce-Front Lawn 10:30 Indoor Sports w/ Cassie: Pool-BR 10:30 Bible Study w/ Sammy-AU 1:30 Bible Study w/ Sammy-AU 1:30 Summer Word Games w/ Cassie-MR 1:30 Water Walking 3:00 Special Music Performance: Steve Hilton-AU  3:15 Beginner Art Class w/ Ellen-AR	10 9:00 Get Fit Exercise-Chapel 9:30 Chair Yoga-Chapel 10:30 Bible Study w/ Rev. Scott Davis-AU 11:00 Grocery Outing: Walmart 11:00 Water Fitness 1:00 Billiard Battles 2-3:30 pm Mother's Day Tea-AU 2:30 Scrabble 	11 10:30 Women's Fellowship-AU 2:00 Expansion Updates w/ Reed Vanderslik-AU 1:30 Open Swim 3:00 Devotional w/ Sammy-Café 6:00 Hooks and Needles 	12 10:00-4:00 pm Swap and Shop-AR 10:15 Coffee and Tea-CR 2:00 Open Swim 3:00 Cheese and Spirits-Café	13 11:00 We Love Music!:Studio of Karla Williams School - Chapel 1:30 Mahjong/ CR 6:30 Bingo / Café
14 Mother's Day  6:00 Worship Service w/ Sammy-AU	15 Nursing Home Week: Sports Day 9:00 Get Fit Exercise-Chapel 9:30 Stretch, Tone, & Balance-Chapel 10:30 Bake Club w/Cassie : Summer Yogurt Parfaits-AR  1:00 Canasta 1:00 Poker 2:00 Water Fitness 3:00 Craft w/ Cassie: Tropical Wreaths-IL AR 3:00-5:00 Free/Guest Swim 6:15 Outing: Central Piedmont Community College-Orchestra and Sinfonia Strings Spring Concert 6:30 Taylor Glen Singers Practice	16 Hawaiian Day 9:00 Get Fit Exercise-Chapel 9:30 Stretch, Tone, & Balance-Chapel 10:00 Miller's Produce-Front Lawn 10:30 Hot Topics w/ Cassie-CR 10:30 Bible Study w/ Sammy-AU 1:30 Bible Study w/ Sammy-AU 1:30 Water Walking 3:15 Beginner Art Class w/ Ellen-AR	17 Super Hero Day 9:00 Get Fit Exercise-Chapel 9:30 Chair Yoga-Chapel 10:30 Bible Study w/ Rev. Scott Davis-AU 10:30 Social Lites w/ Mary Catherine-CR 11:00 Grocery Outing: Harris Teeter 1:00 Billiard Battles 1:30 Card Game: Uno w/ Cassie-CR 2:00 Water Fitness 2:30 Scrabble 3:00 Craft w/ Cassie: Tropical Windchimes-IL AR	18 Decade Day 9:00 Get Fit Exercise 1-Chapel 9:30 Stretch, Tone, and Balance-Chapel 9:30 Men's Coffee-CR 10:30 Praise & Worship w/ AG Live-AU 1:00 Ping Pong 1:00 Book Club W/ Sammy: Focusing on God During Times of Grief-MR 1:00 Bridge-CR 1:30 Water Walking  3:00 Devotional w/ Sammy-AU 6:00 Hooks and Needles	19 Fiesta Day 9:00 Get Fit Exercise-Chapel 9:30 Stretch, Tone, and Balance-Chapel 10:15 Coffee and Tea-CR 11:00 Water Fitness 11:30 Fiesta Day!!-Front Lawn  3:00 Cheese and Spirits-Café	20 Armed Forces Day 1:30 Mahjong/ CR 2:00 McGill Baptist Church: Handbell & Chimes Performance-AU 6:30 Bingo / Café
21 4:00 Spring Piano Recital w/ Carolyn Bryan-AU 6:00 Worship Service w/ Sammy-AU	22 National Sherlock Holmes Day 9:00 Get Fit Exercise-Chapel 9:30 Stretch, Tone, & Balance-Chapel 11:00 Outing & Lunch: Jocko's Mini Golf & Shortstops  1:00 Canasta 1:00 Poker 2:00 Water Fitness 3:00 Sherlock Holmes Trivia & Clue w/ Cassie-CR	23 9:00 Wellness Breakfast-DR 10:00 Miller's Produce-Front Lawn 10:30 Bible Study w/ Sammy-AU 1:30 Bible Study w/ Sammy-AU 1:30 HOE: Hooked on Electronics-Library 1:30 Water Walking 3:00 Bake Club w/ Cassie: Summery Berry Icebox Cake-AL AR 3:15 Beginner Art Class w/ Ellen-AR	24 9:00 Get Fit Exercise-Chapel 9:30 Chair Yoga-Chapel 9:30 Women's Coffee-CR 10:30 Bible Study w/ Rev. Scott Davis-AU 10:30 Icebreaker Game w/ Mary Catherine-Courtyard 11:00 Grocery Outing: Publix 1:00 Billiard Battles 2:00 Water Fitness 2:30 Scrabble 6:30 Special Music Performance: First Presbyterian Choir-AU	25 9:00 Get Fit Exercise 1-Chapel 9:30 Stretch, Tone, and Balance-Chapel 12:00 Food Show  1:00 Ping Pong 1:00 Bridge-CR 1:30 Water Walking 3:00 Devotional w/ Sammy-AU 6:00 Hooks and Needles	26 9:00 Get Fit Exercise-Chapel 9:30 Stretch, Tone, and Balance-Chapel 10:15 Coffee and Tea-CR 2:00 Water Fitness 3:00 Cheese and Spirits-Café	27 1:30 Mahjong/ CR 6:30 Bingo / Café
28 3:00 Piedmont Community Players: Flute Ensemble-AU 6:00 Worship Service w/ Sammy-AU	29 Memorial Day 9:00 Get Fit Exercise-Chapel 9:30 Stretch, Tone, & Balance-Chapel 12:00-2:00 Memorial Day Lunch  1:00 Canasta 1:00 Poker 2:00 Water Fitness 3:30 Special Music Performance: Violinist Ishara-Chapel 3:00-5:00 Free/Guest Swim 6:30 Book club-Library	30 National Apple Pie Day 9:00 Get Fit Exercise-Chapel 9:30 Stretch, Tone, & Balance-Chapel 10:00 Miller's Produce-Front Lawn 10:30 Bible Study w/ Sammy-AU 12:00 Social: Apple Pie Social!-Café  1:30 Bible Study w/ Sammy-AU 1:30 Baking: Mini Strawberry Shortcakes-IL AR 1:30 Water Walking 3:00 Word Games w/ Cassie-BR 3:15 Beginner Art Class w/ Ellen-AR	31 9:00 Get Fit Exercise-Chapel 9:30 Chair Yoga-Chapel 10:30 Bible Study w/ Rev. Scott Davis-AU 11:00 Grocery Outing: Aldi 1:00 Billiard Battles 1:30 Water Fitness 2:30 Scrabble 3:00 Table Game w/ Cassie: Trivia Pursuit-BR 3:00 Community Meeting	